



## NLP CANADA TRAINING INC.

# NLP for Getting Results

Is getting great value important to you? This course is quite possibly the best value we offer. In just a few hours, you can make significant progress towards defining a goal, overcoming a block, or solving a problem. You can do it in a small, supportive group without revealing personal information. And you will learn all the components of a solid process for doing it again - on your own.

This course teaches a process for directing and supporting change in yourself and others so that you produce tangible results. Using NLP (neurolinguistic programming), you will combine information from your senses, your body, your memory and your thoughts to produce a compelling pattern of success.

Whether you have experience with NLP or you're entirely new to its principles, you'll find that this course provides a great, step-by-step, way to define what you want and shape your thinking to get it. You will know you've done the process when you see the results you wanted to see.

You will use this process, consciously and automatically, over and over again to adjust your thinking so that you keep getting results you like. You will also be able to use this process with other people, so that they can get results all will like.

It's straightforward. It works. It's even fun. And it only takes one day.

The course includes:

- ▶ the best state in which to think about the results you want
- ▶ how to become more aware of the people who will contribute to your results
- ▶ finding the strengths, skills & resources appropriate to your result
- ▶ how to develop or shift a state (of mind or body)
- ▶ connecting with other people and their strengths, skills and resources
- ▶ monitoring progress to stabilize your process and motivate yourself

### Why take this course?

- ▶ You need more tools for managing yourself so that you can manage other people and situations better
- ▶ You are really curious about the role that unconscious processes play in your life
- ▶ You have a result in mind, or a problem to solve, and you are ready to make rapid, effective progress to get what you want
- ▶ you believe you can change - and like the change

### Principles of NLP & Hypnosis

- ▶ combine neurology, language & physiology to achieve more
- ▶ identify benefits and positive intentions
- ▶ effectively combine sensory perception with abstract thinking
- ▶ discover creativity and strengths through re-imagining the past
- ▶ work through a content-free process to support change without compromising privacy

