



## media release

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# Weekend Symposium Explores the Difference Hope Makes

**Eighteen speakers in two days will talk about how they support hope in themselves and others**

Toronto – 11 September 2009 – On September 19 and 20, host organization NLP Canada Training invites participants to join the Hope Symposium 2009 at Emmanuel College, University of Toronto. Speakers were invited to talk about the ways they discover, develop or support hope in themselves and others. Internet security expert, Mike Murray will travel from San Francisco to lead the weekend's line up of coaches, consultants, entrepreneurs, teachers and alternative health experts.

Murray combines his interest in technology with a fascination with how people make choices. He trains IT security experts to anticipate human influences and also works with organizations to develop human systems. Murray studied NLP (neurolinguistic programming) at NLP Canada Training before moving to the United States. He will be joined at the podium by a variety of coaches and consultants including Dr. Barb Luedecke, Ron Vergeegen, James Perly, Mike Verhey, Maxx Kochar, Alan Crossley and Christine Laperriere. Their expertise ranges from leading mid-size corporations to facilitating change and growth in individuals across a wide range of fields.

The symposium also showcases Kathleen Milligan, a hypnotherapist who is frequently featured in Canadian parenting magazines for her work with fertility, pregnancy and children. Kathleen is lively, funny and very effective in helping people find good reasons for hope in difficult situations. She will be joined by counsellors who work with homeless youth and women with eating disorders.

Several experts in teaching and training will also offer their stories of the difference hope makes. From the classrooms of inner city schools to the training rooms of growing Canadian companies, these speakers know how to teach the processes that sustain hope. They include John Dafos and Iryna Reim. Sheri Andrynyk, of Women for Women, combines expertise in coaching, networking, sales and communication. She'll be speaking on how to help others to get extraordinary results.

The weekend will be hosted by Linda Ferguson and Chris Keeler of NLP Canada Training Inc. This is the first symposium hosted by their organization. "We knew it was the right time," says company founder, Keeler. "We are very honoured to have trained so many really interesting and effective people. They have great stories to tell at a time when Toronto needs more stories of hope." Keeler emphasizes that all are welcome to register. "You don't even need to know what NLP stands for; you will learn what we stand for when you hear the difference our speakers are making."

**The Hope Symposium 2009** will run September 19 and 20 at Emmanuel College, University of Toronto.

Registration at 10 am each day; the symposium will close at 5 pm each day. The symposium costs \$40 for a weekend pass or \$30 for a single day pass. Registration is required. Call 416-928-2394 to register.

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NLP Canada Training Inc. provides evening, weekend and certification programs in practices for performance management, learning and communication. We are the centre of a lively community of entrepreneurs, coaches, trainers and managers committed to getting more satisfying results for themselves and others. Chris Keeler and Dr. Linda Ferguson combine diverse backgrounds and a shared passion for getting results. Learn more about the Hope Symposium through its website at [www.relaxedandready.ca](http://www.relaxedandready.ca).